



A checklist for those traveling with portable oxygen concentrators

 **Ask your doctor before traveling**

Check with your doctor for travel clearance, especially if you've been hospitalized recently.

 **Complete the paperwork**

You may need a letter from your doctor that verifies all of your medications, including oxygen.

 **Take a copy of your oxygen prescription**

You will need to show your prescription to travel personnel, so be sure to carry it with you.

 **Take contact info for your**

- Doctor: _____ Phone: _____
- Respiratory Therapist: _____ Phone: _____
- Oxygen Supplier: _____ Phone: _____
- Home Healthcare Representative: _____ Phone: _____

 **Take enough medication to last the entire trip**

Remember to pack all medication and supplies in your carry-on bag and keep a list of medications with you at all times.

 **Wear emergency medical identification**

 **Contact your home healthcare company**

Tell them where you are going so they can assist in arranging for oxygen when you reach your destination.

 **Know how to use your portable oxygen concentrator**

Try operating on all types of power: AC, DC, battery. Test how long your batteries last at your dosage or liter flow level.

 **Contact your travel carrier**

Call your airline, cruise ship or bus company before departure to check for any special requirements.